

Senior Activity Center January 2012

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 <i>Happy New Year's 2012</i>	2 ACTIVITY CENTER CLOSED DUE TO HOLIDAY	3 8AM Rook 1PM Bridge 5PM Art Class 5:30PM Line Dancing in Cabin	4 8AM Rook 9AM Mexican Train	5 8AM Rook 5PM Cribbage	6 8AM Rook 9AM Canasta	7
8	9 9AM Fit Class 1PM Bowling 2PM Quilt & Sew	10 8AM Rook 1PM Bridge 5PM Art Class 5:30PM Line Dancing in Cabin	11 8AM Rook 9AM Mexican Train 9AM Fit Class	12 8AM Rook	13 8AM Rook 9AM Canasta	14
15	16 CENTER CLOSED DUE TO HOLIDAY "Take the first step in faith. You don't have to see the whole staircase, just take the first step." Martin Luther King	17 8AM Rook 1PM Bridge 5PM Art Class 5:30PM Line Dancing in Cabin	18 9AM Mexican Train 9AM Fit Class 10AM In-House Rook Tournament- \$3 Sign-up Fee by the 17th	19 8AM Rook 9AM Canasta 5PM Cribbage	20 Good Morning New Year's Brunch 10AM- Guest Speaker & Entertainment RSVP By the 18th 6PM 1st Dance of the Year \$5	21
22 Square Dance Lessons & Fun 1:45PM \$2 Fee	23 9AM Fit Class 1PM Bowling 2PM Quilt & Sew	24 8AM Rook 1PM Bridge 5PM Art Class 5:30PM Line Dancing in Cabin	25 8AM Rook 9AM Mexican Train 9AM Fit Class	26 11AM Monthly Luncheon-Bring \$2 and a side dish	27 8AM Rook 9AM Canasta	28
29	30 9AM Fit Class Night Owl's Games 5PM- Bring own snacks	31 8AM Rook 1PM Bridge 5PM Art Class 5:30PM Line Dancing in Cabin	Feb 1st 8AM Rook 9AM Mexican Train 9AM Fit Class	Feb 2nd 8AM Rook	Feb 3rd 8AM Rook 9AM Canasta	

Alexander City Parks &
Recreation
Senior Activity Center
P.O. Box 552
Alexander City, AL 35011

Alexander City Parks & Recreation 50+ Program

Bowling Group-Meet on Mondays at 1PM at the Idle Time Bowling Center located at 693 Airport Drive in Alexander City

Line Dancing -Meet on Tuesday's & Wednesday in the Sportplex Cabin at 5:30PM located at the Charles E. Bailey Sportplex

Friday Night Dances- Meet once during the months of January through August in the Senior Activity Center at 6PM (Cost is \$5 Per Person)

Rook Players-Meet Tuesday-Friday from 8AM till Noon in the Sr Activity Center

Bridge Players Meet on Tuesday's at 1PM in the Activity Center

Mexican Train Dominoes Group- Meet on Wednesday at 9AM in the Activity Center

Cribbage Players-Meet twice a month on selected Thursday's at the Senior Activity Center. The games begin at 5PM.

Silver Step Aerobics & Sculpt: Thursday's at the Center from 2PM till 2:30PM
*Call Center for Seasonal Schedule

Land Fitness Classes-Held at the City Gymnastics Building on Monday's & Wednesday's at 9AM-Instructor-Corley Holt *Building is located at 216 Tallapoosa Street, Alex City-Participation fee is charged

Monthly Luncheons- Held on a selected day of the month January through November at 11AM *Bring Side Dish & \$3 Donation

In-House Rook Tournaments-Senior Activity Center at 10AM on a selected day during alternating months *Participation Cost Per Person \$3

Canasta Hand-N-Foot Group-Meet on Friday's at the Senior Activity Center at 9AM

Art Class Group-Meet on Tuesday's at 5PM in the Activity Center *Participation Fee is Charged *Instructor-Judith Jordan

Quilting & Sew Group- Meet on the 2nd & 4th Monday's at 2PM in the Senior Activity Center

Night Owl's Cards & Games- Meet on the 1st Monday of the month at 5PM in the Activity Center *Rook, Canasta, Bunco & Mexican Train Dominoes

In-Door Cardio Exercise Room-Available Tuesday through Friday from 8AM till Noon in the Senior Activity Center *Waiver form is Required

Square Dance Program-On the 4th Sunday's each month at the Senior Activity Center at 1:45PM. *\$2 Participation Fee

Day & Over-Night Trip Adventures are Available

Community Project: BRHS Scholarship, Spring Beauty & Charm Pageant, Little League Baseball and Sponsor a Child at Christmas

Seasonal Craft Projects during the holidays

Special Holiday Events and Celebrations take place throughout the year

Senior Activity Supervisor; Corley R. Holt

Senior Activity Assistant; Lucille Thompson

256-329-2910 Office 256-329-8950 Office Fax

Prepaid Postage